



GLUTEN FREE LUNCH

£10.95 for 2 Courses

APPETISERS

Chicken & Sweetcorn Soup

Chicken & Mushroom Soup

Salt & Pepper Tofu

Prawn Cocktail

Fresh Melon



MAINS

**Chicken with Green Peppers
in Black Bean Sauce**

Lemon Chicken

Sweet & Sour Chicken

**Beef with Green Peppers
in Black Bean Sauce**

**Beef with Ginger & Spring
Onions**

Sweet & Sour King Prawns

Salt & Pepper Aubergine



Served with Egg Fried Rice or Boiled Rice



Amber Regent

GLUTEN FREE LUNCH

EST. 1988